

The Pursuit of Happiness
A Stress Reducing Guarantee
Philippians 4:4-7

1. We put off _____

> Worry is _____ (Matthew 6:25)

> Worry is _____ (Matthew 6:26 & 28-29)

* Also, _____

> Worry is _____ (Matthew 6:27)

> Worry is _____ (Matthew 6:30)

2. We practice prayer with _____

3. He promises _____ when we pray

Prayer: *Father, strengthen me as I trust you by worrying about nothing and praying about everything.*